



FRY FAMILY YMCA 2023 AQUATICS

SCHEDULE Sept. 5th - Dec. 23rd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	5:30 am - 8:45 pm	5:30 am - 8:45 pm	5:30 am - 8:45 pm	5:30 am - 8:45 pm	5:30 am - 8:45 pm	6:30 am - 4:30 pm	8:30 am - 3:30 pm
Lap / Open Swim	5:30 am - 8:30 am	5:30 am - 8:30 am	5:30 am - 8:30 am	5:30 am - 8:30 am			
5 Lap Lanes 3 Open Lanes	10:30 am - 2 pm	12:30 pm - 5 pm	10:30 am - 2 pm	9:30 am - 5 pm	5:30 am - 4 pm	6:30 am - 7 am	8:30 am - 12 pm
Water Fitness Class	8:30 am - 9:30 am (Shallow)	8:30 am - 9:30 am (Shallow)	8:30 am - 9:30 am (Shallow)				
5 Lap Lanes	9:30 am - 10:30 am (Deep)	9:30 am - 10:30 am (Deep)	9:30 am - 10:30 am (Deep)	8:30 am - 9:30 am (Shallow)			
Preschool Swim Lessons		10:30 am - 11:30 am					
5 Lap Lanes							
Swim League							
2 Lap Lanes 2 Open Lanes	6 pm - 7 pm	5 pm - 7 pm	6 pm - 7 pm	5 pm - 7 pm			
Fox Swim Team							
2 Lap Lanes 2 Open Lanes	7:15 pm - 8:45 pm	7:15 pm - 8:45 pm	7:15 pm - 8:45 pm	7:15 pm - 8:45 pm			
Family Swim							
5 Lap Lanes 3 Open Lanes	2 pm - 4:30 pm		2 pm - 4:30 pm		4 pm - 7:30 pm	2 pm - 4:30 pm	12 pm - 3:30 pm
Group Swim Lesson							
2 Lap Lanes 3 Open Lanes	4:30 pm - 8 pm	11:30 am - 12:30 pm	4:30 pm - 8 pm			9 am - 2 pm	

- Schedule is subject to change.
- A limited number of lanes will be available during programming times.
- Private swim lessons will receive priority access to the pools during regular operating hours.

For additional information or questions, please contact
Fry Aquatics at fryaquatics@ymcachicago.org or 630-904-9595.

fryfamilyymca.org