

WE ARE FOR



Youth Development



Healthy Living



Social Responsibility

Strengthening community is our cause.

We believe positive, lasting personal and social change only comes when we all work together to invest in our kids, our health, and our neighbors.

Working locally, we focus on empowering young people, improving health and well-being, and inspiring action in and across communities.

SCHOLARSHIP PROGRAM

We believe that everyone deserves a Y experience.

We strive to never turn anyone away for their inability to pay, and with the help of our donors through our annual giving campaign we are able to provide financial assistance to deserving youth and families in our community.

The Fox Valley Family YMCA's Scholarship Program is our way of helping youth and families afford membership and programs. Scholarships are based on income and family size and cover a percentage of the cost.

Those interested in applying can download the scholarship application or ask for one in-person at either Y location.



FOX VALLEY FAMILY YMCA



WE MAKE PEOPLE BETTER
BY MAKING MEDICINE BETTER.

BETTER  Northwestern
Medicine



**FOX VALLEY
FAMILY YMCA**

3875 Eldmain Road, Plano, IL 60545
630-552-4100 | www.foxvalleyymca.org

**Community
Partners**



COMMUNITY FOUNDATION
OF THE FOX RIVER VALLEY



LET'S. GET. STARTED.

Where Membership Means
**SO. MUCH.
MORE.**

ABOUT THE Y

2 LOCATIONS. 1 IMPORTANT CAUSE.

As one of the largest charities in Kendall County, the Fox Valley Family YMCA services over 20,000 people annually at over a dozen on and offsite locations spanning across Dekalb, Kane, Kendall and LaSalle counties.



CENTRAL BRANCH

- Pool
- Gymnasium
- Fitness Center
- Gymnastics Facility
- Group-Ex Rooms
- Kids Zone
- Music & Dance Room
- Early Learning Academy Child Care Center
- Outdoor Space
- Walking Path
- Outdoor Pavilion

WEST BRANCH

- Fitness Center
- Group-Ex Rooms
- Kids Zone
- Early Learning Academy Child Care Center
- School Age Child Care Center

AREAS OF FOCUS

YOUTH DEVELOPMENT

- Early Learning Academy - Daycare & Preschool
- Swim Lessons
- Swim Team
- Gymnastics Classes
- Gymnastics Team
- Dance Classes
- Music Lessons
- Youth Sports
- Kids Zone
- Before & After School Care
- Summer Day Camp
- Youth Fitness Classes
- Family Events



HEALTHY LIVING

- Group Exercise Classes
- Water Exercise Classes
- Wellness Room
- Personal Training
- Small Group Training
- Adult Sports
- CPR/First Aid Courses
- Wellness Events

SOCIAL RESPONSIBILITY

- Annual Campaign
- Community Programs
- Outreach Programs
- Volunteer Opportunities
- Community Partnerships
- Financial Aid

MEMBERSHIP BENEFITS

- No Contracts, Annual Fees or Cancellation Fees
- Access to Y's all across our nation
- Full Facility Access
 - Wellness Rooms
 - Gymnasium
 - Pool
 - Group Exercise Classes
 - Outdoor Space
- FREE Wellness Consultation, Exercise Instruction and Equipment Orientation
- Kids Zone with Family Memberships
- Unlimited Guest Passes
- Unlimited Group-Exercise Classes
- Unlimited Water Exercise Classes
- Discounts on Programs
- Locker Rentals
- Family-Friendly Events
- Senior Programs and Activities
- Early Program Registration Opportunities
- Being part of something more

